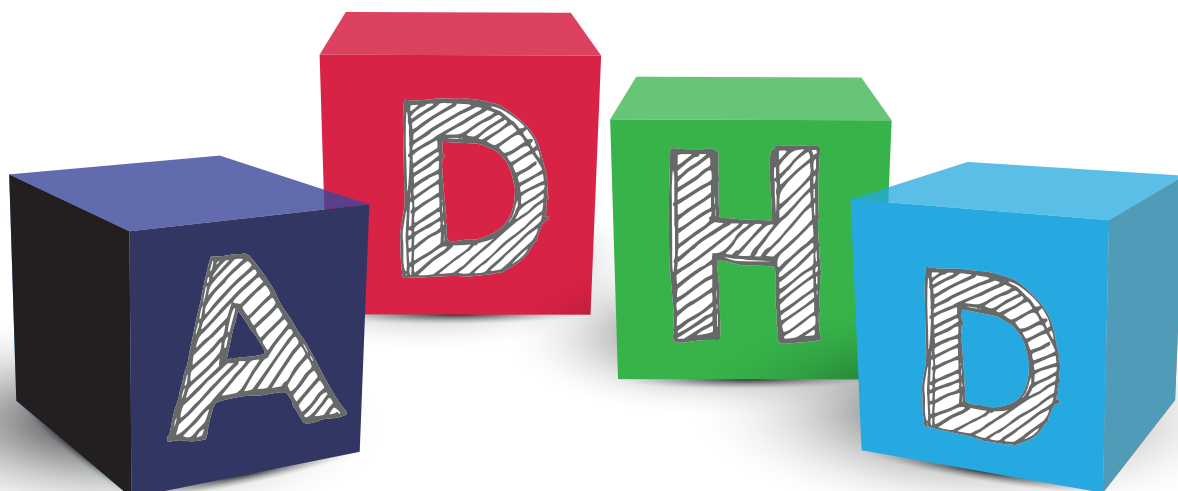




Assessments with



Psychology 365

Attention Deficit Hyperactivity Disorder (ADHD)

Difficulties with attention, being forgetful, and getting fidgety and hyperactive are all common experiences for children and young people. However, these difficulties can also lead to significant challenges for children, adolescents and young people, and can interfere with their ability to progress at school or to regulate their emotions. This may be suggestive of ADHD.

There are other tell-tale signs that might warrant a formal assessment of ADHD:

- Unexplained underachievement
- A wandering mind
- Trouble organising and planning, often called executive functioning
- A high degree of creativity and imagination
- Trouble with time management and a tendency to procrastinate
- A strong will, stubbornness and refusal of help
- Restlessness especially in boys, and indulging in aimless thoughts or daydreaming, especially in girls
- A unique and active sense of humour
- Trouble sharing and playing with others early on, but at the same time, a desire to make friends
- Sensitivity to criticism or rejection
- Impulsiveness and impatience
- High energy levels
- Uncannily accurate intuition
- Transparency, to the point of being exceptionally honest
- Susceptibility to compulsive behaviours
- Regularly being scapegoated, blamed and disciplined more than anyone else
- Tendency to blame others while not seeing one's own role in the problem
- Distorted negative self-image
- Generosity

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Attention Deficit Hyperactivity Disorder (ADHD)

ADHD can be categorised into different criteria: Inattentive (which was previously known as ADD), Hyperactive and Impulsive, or Combined. Understanding exactly which criteria your child meets is important to ensure the most appropriate support can be recommended.

Our ADHD assessment package has been developed to understand and document your child's difficulties.

We can offer an ADHD assessment for:

- Children from the age of 6 showing traits associated with ADHD
- Individuals WITHOUT a diagnosed moderate to severe learning disability (this is characterised by functioning no more than 3 years behind chronological age)
- Individuals with fluent and coherent speech

What does an assessment involve?

Our assessment is a multi-step process, involving questionnaires, conversations with you, your child and your child's school, observations and structured assessments. Our assessments are completed by our highly experienced and professional team. We work hard to ensure that the assessments include all the relevant information to achieve the best outcome for your child.

We also ensure that your child and the family is at the centre of the process.

Screening Pack

Prior to the assessment, we ask that parents and teachers at school complete a pre-assessment screening pack. This includes questionnaires about your perspective and your child's teacher's perspective of what may be going on for your child. These responses help us to screen for ADHD.

Our screening pack has been expertly developed to ensure that an ADHD assessment is the most appropriate assessment for your child.

Assessment Appointment

A comprehensive face-to-face appointment will take place. We use multiple assessment tools with you and your child, including:

- The ACE clinical interview: the gold-standard structured interview to assess for the core symptoms of ADHD and the extent to which they impair functioning.
- The Qb check: a computerised assessment to assess for inattention, hyperactivity and impulsivity.
- The Connors Questionnaire: A thorough assessment of symptoms and impairments associated with ADHD and

We will also review any previous correspondence you may have from school or healthcare services.

We understand that assessments can be daunting. It is important to us to build a positive rapport with your child, and we work hard to help your child feel safe throughout.

Feedback and Report

We aim to feedback the results within two weeks. This appointment is for you with the psychologist who completed your assessment. We will review everything that we completed together, including the outcome and our recommendations. All the information from the assessment will be detailed in a report. We also offer the opportunity for you to request amendments to the report.

After a Diagnosis

We are not able to prescribe medication, but our reports are discussed within our multi-disciplinary team and a consultant child and adolescent psychiatrist. You can share this report with your GP, your own psychiatrist or other services, such as Child and Adolescent Mental Health Services (CAMHS), who may be able to prescribe the relevant medication. We may be able to offer psychological therapies following a diagnosis.



How much will it cost

At Psychology 365, we pride ourselves on the professionalism and quality of these assessments, and please get in touch for pricing.

This assessment can be combined with our ASD assessment and/or Cognitive Assessments. There are additional fees, but discounts will be applied.

Please do contact us for any further information or to proceed with an assessment.

Assessments with this level of detail and quality require many years of training and experience and are considered to be the gold-standard assessment for Children, Adolescents and Young People. Clinical psychologists are often regarded as the most qualified profession to complete these assessments.

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