



LEARNING & COGNITIVE

Assessments with



Psychology 365

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ACP  **UK**
ASSOCIATION OF CLINICAL PSYCHOLOGISTS

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psychological society





At Psychology 365

we are proud to offer the most comprehensive assessment of your child's intellectual and academic abilities, and psychological wellbeing, in addition to their day-to-day abilities. We can offer assessments for Children, Adolescents and Young People from just a couple of years old through to 18 years.



Our assessments offer a detailed understanding of your child's thinking, reasoning and how they are doing at school and at home, and they can tell us much more information about their strengths and weaknesses than a test at school or an educational psychologist's report may do. The outcome of this assessment can help with planning the future of your child's overall education, support their emotional and psychological wellbeing, and identify exactly where all their intellectual, academic and day-to-day skills are compared to other children of their age. These assessments can inform an Education, Health and Care Plan (EHCP) should it be necessary, or individualised education plans at school.

What does an assessment involve

Our assessments start with conversations about your child's family and family history, your child's development from birth, and their journey through education. We will discuss your child's social skills, independent living skills and emotional and psychological development. We will have plenty of opportunity to discuss your concerns. We can also liaise with school and other services including Child and Adolescent Mental Health Services (CAMHS). If you have any relevant correspondence or reports, we can review these and incorporate this information into our assessment, and we can even help you to interpret any previous assessments that your child has completed.

At another appointment, your child will be asked to complete many age-appropriate puzzles, games, quizzes and pencil-and-paper tasks. These tasks are specifically designed to understand different areas of your child's abilities:



- **Verbal Comprehension**

Your child's ability to solve verbal problems, and to talk and reason about their knowledge and the world around them. Your child's ability to express their understanding of common-sense and social rules will also be investigated.

- **Visual Spatial and Fluid Reasoning**

Your child's ability to solve practical, hands-on tasks, and to solve novel non-verbal problems. This is also an insight into their ability to reason non-verbally about abstract concepts such as shapes, patterns, sizes and concepts.

Working Memory

Your child's ability to hold verbal and non-verbal information in their mind whilst completing another task.

Processing Speed

Your child's speed and accuracy to complete simple tasks will be assessed.

Reading Skills

Your child's ability to read and to take meaning from what they have read, in addition to their reading fluency and accuracy.

Writing Skills

Your child's ability to spell, the structure of their handwriting and the structure of their letters, in addition to their writing fluency and observations of their motor control, including pen-grip.



Listening Skills

Your child's ability to listen and to take meaning from what they have heard, ranging from single words to short stories.

Numeracy Skills

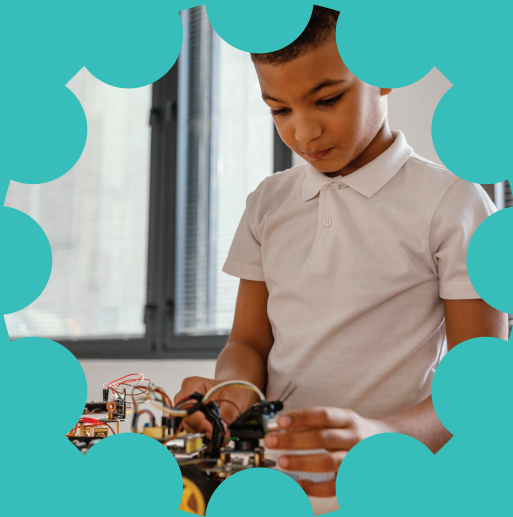
Your child's ability to complete mental arithmetic, written maths problems, and to understand and reason about mathematical concepts.

Full Scale IQ

An overall summary of your child's intelligence (IQ) will be provided. This score will provide an overall comparison of your child's skills to other children of the same age.

Adaptive Behaviour

Adaptive behaviours describe the things that children and young people do to function in their everyday life. Your child's adaptive behaviour will be assessed across three or four areas depending on their age.



For children aged 11 years and older, we will consider their:

Communication Skills

How well they listen and understand, expresses themselves through speech, and how they read and write in real-life situations.

Daily Living Skills

How well they can complete age-appropriate practical, everyday tasks, such as washing, brushing teeth, tidying up, stranger-danger, crossing roads, understanding money and time, and keeping safe.

Social Skills

How well they manage and understand a variety social situations and circumstances, such as developing and maintaining social relationships, understanding social subtleties and nuance, considering others' perspectives, playing games, and managing emotional control, particularly when things go wrong or your child is asked to do something that they may not choose to do.



For children up to 10 years or older with movement difficulties, we will also consider:

Motor Skills

How well your child can use the muscles in their hands and fingers for tasks that require precision (fine motor control), and for tasks that require whole body movements (gross motor control).

We can Identify Specific Learning Difficulties, Learning Disabilities or Giftedness

Your child's learning profile can be compared to the profiles seen within young people with dyslexia, dyscalculia and other specific learning difficulties, such as dyspraxia. Their performance can also be compared to profiles seen in young people with learning disabilities. Appropriate diagnoses can be made if there is sufficient evidence. Similarly, your child's abilities can be compared to children who are part of gifted or talented programmes.

Understanding of Psychological Wellbeing

Your child's psychological health will also be discussed. We will aim to understand their previous experiences and how they have come together to explain what is going on. We will consider their current emotional wellbeing and may be able to provide day-to-day strategies to help understand and support them. We can also make recommendations as to the best support for your child.



A Detailed Report

At the end of the assessment, a personalised and thorough report is written. This report will belong to you. This report will be available no more than two weeks after the assessment is completed, and the findings from the assessment will be shared with you. All of your child's results will be explained, and clear recommendations will be made. There will also be the opportunity for amendments to be made to the report.



The Logistics and Practicalities

We offer assessments across the whole week, and they typically take place at one of our clinics.

The assessment starts with our initial meeting, which takes an hour. This is our opportunity to consider all of your concerns and to fully understand the context of your child's life and development.

At our next meeting, we will start your child's face-to-face assessment. This typically takes between 2-3 hours. This assessment will go at an appropriate pace for your child and breaks will be taken regularly. For children older than six, we recommend that the assessment is completed for your child on their own, whilst you wait in our reception area. We have found that many children perform better without adults watching what they are doing.

You and your child may be asked to complete some questionnaires, which can be done from the comfort of your own home.

There is also one further one-hour session to review the results and the report together, without your child. All the results will be explained and clear recommendations will be made.

Virtual appointments are available. However, the assessment tasks have to be completed face-to-face.

How much will it cost

Psychology 365 prides itself on the professionalism and quality of these assessments and we offer this gold-standard assessment. Please get in touch for pricing.

A deposit is paid to book the assessment. Following the initial meeting, 50% of the balance is due, with the remaining balance paid at the end of our work together.

Assessments with this level of detail and quality require many years of training and experience and are considered to be the gold-standard assessment for Children, Adolescents and Young People. Clinical psychologists are often regarded as the most qualified profession to complete these assessments.

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